This idea of thinking you are separate from others, leads to the idea that the interests and needs of others are separate from your own. They may be similar, but not exactly the same. However we all have limited resources available to us. As each group see another as an alien and separate entity that threatens their self interest and survival, they have no qualms in inflicting harm or destruction, because it is in their self interest to do so. At its heart this notion of separation sees others as objects for which there is little or no identification with, depending on how their interests coincide. The illusion of separation, is a failure of the human being to FEEL and empathise with others. It is also the failure to perceive and recognize the interconnectedness of life all over this planet. Blessed Disillusionment book. Read reviews from world’s largest community for readers. Morgan Caraway's book is an excellent summary and presentation of... Start by marking Blessed Disillusionment: Seeing Through Ideas of Separation as Want to Read: Want to Read saving… Want to Read. Currently Reading. Read. Other editions. Enlarge cover. Find. Advanced. Blessed Disillusionment : Holdings. Cite this. Subjects: Advaita. Electronic books. Online Access: Click to View. Progressing through disillusionment required me to defy the impulse to succumb to willful ignorance and primitive ego defenses. It required me to reframe and converge my idealism, desires, and dreams with jarring reality. Undergoing this terrifying primordial process brought my shadow into conscious awareness for the purpose of integration. Follow the writers, publications, and topics that matter to you, and you’ll see them on your homepage and in your inbox. Explore. Share your thinking.