Once you've blown the "cap" off your capacities, you'll find yourself more successful -- and fulfilled -- in your daily life. In his newest book, John Maxwell identifies 17 core capacities. Some of these are abilities we all already possess, such as energy, creativity and leadership. Others are aspects of our lives controlled by our choices, like our attitudes, character, and intentionality. Maxwell examines each of these capacities, and provides clear and actionable advice on how you can increase your potential in each. He will guide you on how to identify, grow, and apply your critical capacities. Once you've blown the "cap" off your capacities, you'll find yourself more successful -- and fulfilled. Maxwell's method causes him to misapply this passage from the MSG to pray for himself and the readers of his book, No Limits: Blow the cap off your Capacity. Maxwell suggests from Ephesians 3:14–20 that, In 2016, I sensed that my phrase for the year was "God Room." Specifically, he prays for their capacity to increase, that their ROI at work would be high, that their friendships flourish. He prays for subsequent years to be their best (268) derived from a mistranslation of Ephesians 3:14–20 from The Message Bible which positions verses 14–17 this way: "My response is to get down on my knees before the Father, this magnificent Father who parcels out all heaven and earth. In his newest book, John Maxwell identifies 17 core capacities. Some of these are abilities we all already possess, such as energy, creativity and leadership. Others are aspects of our lives controlled by our choices, like our attitudes, character, and intentionality. Maxwell examines each of these capacities, and provides clear and actionable advice on how you can increase your potential in each. He will guide you on how to identify, grow, and apply your critical capacities. Once you've blown the "cap" off your capacities, you'll find yourself more successful -- and fulfilled.