Explora Photography Buying Guide 14 Recommended Lighting Kits for Photography. 14 Recommended Lighting Kits for Photography. By Shawn C. Steiner. We are going to start with a staple of photography: flash. Also known as strobes, these are awesome for photographers because they provide plenty of power, can help freeze motion, and come in nearly any size. Also, the various sync methods and the fact that now many have built-in radio receivers, make multi-light setups easy. The shape is now classic, and if you want to pick up more than one, Litepanels has numerous Astra Traveler LED Panel Kits available. Litepanels Astra 3X Bi-Color LED Panel. 10. Lowell TotalLED Daylight LED 1-Light Kit. Hot lights made Lowel popular for decades. Find great deals on eBay for the flash photography field guide. Shop with confidence.


Our brains are programmed to get used to light coming from above—either from the sun or in a building—so if your main light source is natural light photographers simply increase their exposure so that the sky and background blows out and goes flat and white. Armed with a flash, you can keep the exposure as before to leave plenty of detail in the sky and background, then pump some light back into your subject’s face to bring in the detail. This is an easy go-to technique that almost always works.